

**One Body: Rowing in the Same Direction**  
**Ephesians 4:17-24**

I. Passage Notes

A. Out with the \_\_\_\_\_

1. Don't walk like the \_\_\_\_\_

2. \_\_\_\_\_ from God

3. Descent into \_\_\_\_\_

B. In with the \_\_\_\_\_

1. Put \_\_\_\_\_ the old self

2. \_\_\_\_\_ renewed

3. Put \_\_\_\_\_ the new self

II. Application

A. Learn to \_\_\_\_\_ Jesus' voice

B. \_\_\_\_\_ to change

C. Work with your \_\_\_\_\_

III. Next Steps

A. Submit to Jesus as Savior and King

B. Target a sinful behavior and eliminate it

C. Establish a habit that will renew your mind