

Soups (non condensed), Boxed Cereal, Top Ramen, Canned tuna and or chicken, Canned ravioli, SpaghettiOs, Beefaroni, canned chili, sugar, pancake mix, cake mix, syrup, jellies, jams, peanut butter, fruit juices of any kind, canned pineapple, snack items (chips, cookies, crackers, granola bars), coffee, gluten free items for folks with allergies.